



NEWSLETTER ISSUE 3

MARCH 6TH 2014

◆ Safety

◆ Happiness

◆ Respect

◆ Confidence

◆ Trust

◆ Pride

D I A R Y D A T E S	MARCH
	6 th Assembly 2.40PM
	7 th STUDENT FREE DAY-
	10 TH PUBLIC HOLIDAY
	12 th School surfing
	21 st Harmony Day
	27 TH Netball/Football Carnival
	28 TH Surfing Competition/Boardies Day
	Assembly/Afternoon Tea to farewell Kay Wood
	APRIL
3 RD SPORTS DAY	
10 TH Buddv Excursion Lakala 9:07 & 3:02	

RELAXATION

This week Ali Ackland, a psychologist who works with students in our school, presented to the Junior Primary teachers the benefits of relaxation. Ali explained and demonstrated to the teachers, how to encourage students to relax in order to promote their well being.

ASTHMA TRAINING

Last week we ran a training session for primary students, parents and staff on asthma. Stuart from the Asthma foundation of SA ran these sessions. It was really interesting to hear from students what they thought asthma actually was. Stuart was able to discuss with primary students what asthma is and ways to assist someone who has asthma.

Brenton Hudson & Yvette Foster

LEADERSHIP NEWS

STUDENT FREE DAY

Tomorrow is our first student free day for 2014. Student free days are an excellent opportunity for the whole staff to be together to attend conferences and share ideas and best practice with other educators. This student free day teachers are focusing on the Australian Curriculum in the area of History led by the Australian Curriculum Coordinator for the Fleurieu Partnership. In the afternoon the staff will be touring Port Elliot to learn more about the local history both before and after settlement. If you happen to see all of the teachers at Horseshoe Bay on Friday afternoon, I assure you we are working.

During Friday the SSOs are focusing on working with students with Autism and strategies to support students to be successful. Their workshop is being led by the Special Education Unit from DECD. This is another example of how the student free day allows these groups to work together as a team to support and improve student outcomes.

VEGETABLE GARDEN

Following on the success of the Grounds Committee from last year a Vegetable Garden Committee has been formed. This is to rejuvenate the Veggie patch near the Kindergarten. The first task is to give the area a makeover. Please join staff from **1pm on Monday March the 17th** at the garden to have a working bee. Once the area is prepared we will be looking for donations of seeds, compost and tools.

If you have any questions please contact Jodie Allsop via her email: Jodie.Allsop816@schools.sa.edu.au

CHRISTIAN PASTORAL SUPPORT WORKER

IMPORTANCE OF BEING YOU.

I was given a brand new money note the other day in the bank. I just love the smell of new money, and the feel of it being crisp and it looks shiny and unused. It reminded me of a conference I was where the speaker held up a new \$50 note and asked the audience to put hands up who would like the \$50 note?

Of course everyone's hand went up! Then he got the note and dropped it on the ground and stepped on it and crumpled it up and asked us who would still want this note? Everyone's hands went up even though it was not looking as new and shiny we knew it still was the same value of a \$50 note.

Many times in life we feel like that crumpled, dirty money note, we have been dropped and ground in the dirt, whether it be because of decisions we have made, or circumstances that we find ourselves in. Remember this though, just like that used, crumpled money you still have value no matter what has happened you never lose your value. The definition of value is relative worth, merit, or importance. We are all important to people in our lives whether it be family, friends, or workmates. You matter!

Take care now

Deb Pryor: C.P.S.W.



COUNSELLOR NEWS

FLYING FISH AWARDS

Flying Fish awards for .Congratulations to all these students on receiving Flying Fish Awards
Congratulations to Keat H, Nadia W, Mya C, Sasha E, Chelsea P, Arnez L-C, Kosta D, Winter McK, Josh R, Bryce P and Ruby O. Please check out the names of Flying Fish recipients on the window of the front office.

SRC Representatives

Congratulations to:-

Mrs Allsop, Millis Year 2/3

Will S Taihya G

Mrs Warner Year 3

Alex H Ellie B

Mrs Blake Year 3

Kain M Holly T

Mrs Gross, Ms Reedy Year 4

Hamish L Sophie L

Mr Blacker Year 5

Jack O Ruby B

Mrs Roberts Annie Year 5, 6

Finlay S Lucy P

Ms Threadgold Year 6

Tabitha F Kasper M

Mrs Turley, Ms Robinson Year 6, 7

President SRC Kelsea L & Bailey O'D

Vice President Aidan G & Tayla L



Congratulations and well done, to all these students on being elected SRC reps this year.

Have a great week!
Cheers Karen



PARENTS AND STUDENTS

ON FRIDAY THE 28TH MARCH

WE ARE HAVING AN ASSEMBLY TO FAREWELL
KAY WOOD

WHO HAS RETIRED AFTER 30 YEARS OF
TEACHING.

THIS WILL BE FOLLOWED BY AN AFTERNOON
TEA AT 2.30PM.

ALL WELCOME



PARENT NETWORK

SPORTS DAY RAFFLE

The raffle is helping to fund new SAPSASA tops for the school.

Parent Network has sent home a book of raffle tickets to each family and are asking if you could please either sell or buy the book, if you are able to sell more please collect extra books from the front office.

The prizes for the raffle that have been donated so far include

Teams Signed Crows Guernsey donated by Trina Doig
Surf Lesson donated by Andy Daveron Encounter Water Sports

Gift Basket donated by Nutcracker Sweet

Voucher donated by Sidewinder (surf and skate store)

Football, hula hoop and stress balls donated by Toyworld Victor Harbor

Skim Balls donated by Tonkins Sports Store

2 massage vouchers

If anyone can donate or knows of someone who can donate something for this raffle please leave your details at the front office.

All books are to be returned to the school by no later than **March 24**.

PARENT NETWORK MEETING

Next meeting is next **Thursday March 13 at 9am** in the staff room.

Ice creams are on sale Wednesday and Friday, thanks to all who put your names down to help, you should have your roster now.

Frozen Yoghurt	\$0.80
Juice Stick	\$1.00
Billabong	\$1.80
Milo Scoop	\$2.50



Parent Network Committee

ATTENTION

PLEASE BE AWARE WE HAVE A GASTRO VIRUS GOING AROUND THE SCHOOL. IF YOUR CHILD CATCHES THIS VIRUS PLEASE MAKE SURE THAT THEY DO NOT COME TO SCHOOL UNTIL 24HRS AFTER THEY ARE CLEAR, AS THEY WILL STILL BE CONTAGIOUS. HYGIENE TIP MAKE SURE STUDENTS WASH THEIR HANDS AFTER VISITING THE TOILET OR BEFORE CONSUMING FOOD.

ALSO WE STILL HAVE THOSE GREPPY CRAWLIES CALLED HEAD LICE. MAKE SURE YOU FOLLOW THE CORRECT PROCEDURES IN TREATING THEM TO STOP CONTINUOUS INFESTATION.

SPORTS DAY DATE

Our school Sports Day has been set as **Week 10**, Thursday 3rd April. Students have voted for House Captains, are practicing Team activities and talking about Sports Day. Every student knows which House Team and colour they are in. If you need to purchase a top for the day so that your child can be dressed in their Team colours, please speak to Vicki M in the office.

HOUSE CAPTAINS

Congratulations to the following Year 7's who have been elected as our 2014 House Captains.



Boomer: Josh, Jonathon, Lyric, and Tayla



Freeman: Oscar, Che, Kelsea, and Lauren



Commodore: Flynn, Kane, Emily, and Tara

Captains are now working on Team Chants, a warm up activity for Sports Day, running sports equipment borrowing and activities at recess and lunch and leading their Team in March practices.

Students are required in all PE lessons to wear appropriate footwear and clothing conducive to successful participation, so please be sure to encourage your child to wear these needs every day we have PE. Thank you.

SAPSASA SWIMMING

The SAPSASA Swimming Carnival was held in Strathalbyn on Wednesday 26th February. We had 9 students who participated on the day.

Thanks to Kerry Dodd for offering to train these students and to Tara Irvin who volunteered to manage the team on the day.

The team tried very hard and achieved pleasing results.

SAPSASA Cross Country

Interested students have begun training during class time, recess and lunch times for our local Cross Country event which will be held Wednesday 7th May in Victor Harbor. Further information will come home later in the Term.

SAPSASA Netball and Football Carnival

Interested students have begun training for our local Football and Netball carnival which will be held on Thursday 27th March at Encounter Bay. Thanks to Matt Smith and Annie Kraft for volunteering to coach these teams. Consent forms and further information will be sent home with players.

SAPSASA Knockout Soccer

We have entered a SAPSASA Knockout Soccer team in both the girls and boys divisions this year. We are in need of a coach for both teams. The games will begin in Term 2. If you are interested in coaching a team please see me at school or send a note in with your child and I will contact you. Thanks ☺

Local Sporting Success Stories!

If you have any local success stories involving our students, please let me know so they too can get a mention in this section of the newsletter.

Please refer to the school website for further PE News, SAPSASA dates and for a link to the SAPSASA website.

Trina Doig ☺

**REMINDER STUDENT FREE DAY
FRIDAY 7TH MARCH**

SCHOOL NEWS

MATERIALS & SERVICES CHARGE 2014

By now you will have received your invoice for 2014 school fees. Please come and see me if you would like an instalment plan. If you are eligible for School Card (Have a Centrelink Customer Reference Number) please return these as soon as possible. If you do not have a form see us in the front office.

A BIG Thankyou to those who have already paid their fees, or filled in and returned their School Card Forms.

We need you to fill in the school card forms each year as you may have had a change in your circumstances and we won't know this.

Any questions please don't hesitate to come in and see me.

Thanks again **Vicki Moliere Finance Officer**

ROOM 9:08

Many of the students in 9.08 have been spending some of their recess and lunch picking up rubbish. Mason and Harper decided to reuse the plastic bags from their lunch boxes, and pick up as much as they could. "Well done team!"



Never doubt that a small group of thoughtful, committed citizens can change the world; indeed, it's the only thing that ever has."
Margaret Mead

COMMUNITY NEWS



BLUE LIGHT DISCO-UNDERAGE RAGE

The Underage Rage is a LOCK IN event so we will need parents to drop you off and pick you up at the DOOR.

The Blue Light Disco is an initiative of the SA Police and is organised by the Southern Fleurieu Blue Light Committee.

The disco will be held in two age groups:-

7-11year olds 6.30pm-8pm

12-17 year olds 8.30pm-10.30pm

Friday 23RD March 2014

Cost \$5 tickets will be sold at door.

Refreshments will be available at a small cost.

For more information call Police Officer Margie Bowden 83981752 or Lucretia Sperring on 85557074.

\$10 Gift Voucher for all new

BankSA Accounts

For the start of Term 1, BankSA is offering all students who open a new Incentive Saver Account via the School a \$10 Gift Voucher, which will be deposited into your child's account once opened.



All children under 13 years who open an account with BankSA will also receive a Digger the Wombat Money Box, LittleSavers Calculator, LittleSavers Library Bag and a School Bank Wallet. LittleSavers is BankSA's special saving club for kids and it's all about having fun and learning how to save! Take a look at the LittleSavers website littlesavers.com.au

This offer is available until 31 March 2014 and is for new customers only. For more details or to collect a BankSA Application Pack, please call into the school office.



Peta Bastian
Wellbeing Consultant
Reiki Master
Autism Advocate
Registered Nurse
petalite2@gmail.com

- ✚ Are you and your family feeling stressed out and tired, like you're living on a roller coaster?
- ✚ Are you worried about how your child is going to cope at school or kindy?
- ✚ Is your child sensitive or reactive in nature?
- ✚ Does your child have social, emotional, language, learning or behavioural challenges?
- ✚ Does your child have special needs?
- ✚ Does your child struggle with anxiety?
- ✚ Do you feel confused about what to do or where to find help?

I can help you...

- ✚ Develop inner wellbeing for you and your child
- ✚ With specific support, advice and education
- ✚ Case Management of all associated health and education needs
- ✚ Referrals to other health professionals

To enquire, and make a booking, call me today. Together we can develop positive pathways towards a happier more balanced way of living.

0414 514 226

STAFF CAR PARK

DISABLED CAR PARKS, PLEASE DO NOT USE UNLESS YOU HAVE A DISABLED PERMIT.

FOR SAFETY REASONS THE STAFF CAR PARK IS FOR STAFF AND DISABLED USERS ONLY.