

EST. 1880

COMMUNITY | CONFIDENCE | RESPECT

*How high can our fish fly?*

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Website: www.ptelliotsa.edu.au

f: Port Elliot Primary School

Principal: Brenton Hudson

Deputy Principal: Les Cameron



Government of South Australia  
Department for Education and  
Child Development

# Newsletter



SAPSASA KNOCKOUT FOOTBALL

## LEADERSHIP

We all want our children to improve and learn. At Port Elliot Primary School we are always looking to ensure that all children are able to achieve their best results. Recently Les Cameron, Deputy Principal and myself attended 2 days of “Results Plus” training for all DECD site leaders in South Australia. The focus of these 2 days was to look at our site, partnership and state data for NAPLAN and the impact that our teaching, learning and wellbeing programmes can have on our student results.

A significant component of the 2 days was on wellbeing and looking at the power of our assumptions and mindset. As leaders we looked at whether assumptions we make are limiting or enabling and we have done some work around this with the staff since returning to the site.

We continue to have a site focus on mindset and how this impacts upon student achievement. Growth mindset is having self- belief that we can learn and achieve. As parents you play a key role in the “mindset” children bring to school. Consider the statements you say and how this can impact on your child’s “mindset” and self- belief.

Instead of.....	Try saying.....
I'm not good at this.	You haven't got it YET but mistakes show learning.
It's too hard.	This might take some time and help but keep trying. You will improve.
I just get it wrong.	Mistakes are part of learning.
I can't do... (Maths, Science, PE or Indonesian etc.)	Anyone can improve their learning, the brain keeps growing. It just takes practice.
That didn't work, I give up!	What other ways can we have a try at it?
I wasn't any good at maths either.	Let's work it through. You just can't do it YET.

Importantly always praise the students' efforts rather than just the final achievement. For example: “It was great to see the time and effort you put into your project, you tried your hardest to do well.”

The best way we can model a *Growth Mindset* to our own children is to always be aware of what we say and the way we act, to help them become the best that they can be.

Brenton Hudson

## Upcoming Events

### JUNE

10<sup>th</sup> Knockout SAPSASA  
Football Tatachilla

13<sup>th</sup> **QUEENS BIRTHDAY  
PUBLIC HOLIDAY**

14<sup>th</sup> Mr Taylor's class  
Illowonga Camp

17<sup>th</sup> Knockout Girls Soccer  
Seaford

20<sup>th</sup> SRC Adelaide

7<sup>th</sup> July Movie Mania

Tickets available Front  
Office Thursday 16<sup>th</sup>/6/16  
and Friday 17<sup>th</sup>/6/16

**Volunteers Welcome**  
**Induction to Port Elliot Primary School**  
**Time – 5:30-6:00**

**Responding to Abuse and Neglect in Education and**  
**Care**  
**Time – 6:00pm -7:30**  
**with**  
**Les Cameron**

**When: Wednesday 22.6.16**  
**Venue: Resource Centre**  
**Bookings: Front Office or email**  
**[jo.colbeck203@schools.sa.edu.au](mailto:jo.colbeck203@schools.sa.edu.au)**

**Prerequisites required from Volunteers in school are as follows:**

- DCSI Criminal History Clearance - paid by the school, valid for 3 years.

We invite you to email the following details to Jo Colbeck.  
**Full name/Date of Birth/email address to start the online application.**

- Responding to Abuse and Neglect - Education and Care Induction for volunteers-valid for 3 years, no cost.
- Work Health and Safety site Induction(signature required) - required prior to Volunteering in the school.

## **COUNSELLOR**

**Flying Fish Awards** Congratulations, to the following students who received these. Well done! Nadia T-M, Lucah B, Isabelle A-C, Trizzy B, Connor M, Charlie Mc, Ethan A, Mya C, Summer D-K, Ella K, Mia P, Nadia W, Hayden B, Alex G, Lachlan W, Thomas U, Logan P, Airlie U, Ryder G, Rhys C, Halle D, Ryan W, Sebastian E, Dino A and Harriet O.



## **CUP CAKE DAY- DONATION -HANDORF ANIMAL WELFARE LEAGUE**

Thank you to the SRC reps and Mrs Milis and Mr Blacker's class for organising Onsie and Pyjama Day Friday 03-06-16.

At Recess we sold cup cakes and they were 50 cents each. Then at Recess and Lunch there was a Jelly Bean and lolly jar. Guess lollies in Jar. There was 211 Lollies and Selena from Mr Blacker's/Ms Milis' class won the lolly jar.

We raised approximately \$424.05 and thanks to everyone who donated Cup Cakes.

By Leo O and Hamish K

## **Attendance**

What sort of start is your child getting?  
Just a little bit late doesn't seem much but...

**If your child.....**

Misses 10 minutes per day  
That equals 50 minutes per week or nearly 1.5 weeks per year.  
Over 13 years of schooling that's nearly half a year.

**If your child.....**

Misses 20 minutes per day that equals 1 hour 40 minutes per week or over 2.5 weeks per year.  
Over 13 years of schooling that's nearly 1 year.

**If your child.....**

Misses 30 minutes per day that equals half a day per week or 4 weeks per year.  
Over 13 years of schooling that's nearly 1.5 years

**If your child.....**

Misses 1 hour per day that equals 1 day per week or 8 weeks per year over 13 years of schooling that's more than 2 ½ years

## **WHY IS IT IMPORTANT FOR YOUR CHILD TO ARRIVE AT SCHOOL ON TIME?**

There are many benefits your child will gain from arriving on time to school and class. Did you know?

The likelihood of success in learning is strongly linked to participation in school programs which is linked to arriving on time.

It is very important for children to develop habits of arriving on time at an early age, beginning from the time they start school.

- Some ideas for your child arriving on time for school and class:
- Makes sure that your child doesn't miss out on the important learning activities that happen early in the day when they are most alert.
- Early morning learning activity is often reading or writing your child can lose many opportunities to learn these critical life skills.
- Helps your child to learn about routines and commitment.
- Gives your child time to greet their friends before class and this can reduce the possibility of disruptions in the classroom. Class disruption can make your child feel uncomfortable and can upset other children.

*Arriving on time every day makes children feel good about themselves.*

Here are some suggestions based on setting regular routines:

- Make lunches the night before
- Have set time for starting and ending breakfast
- Set a time each day for homework. Try straight after school with the TV off, so your child can relax for the rest of the night and have a reward when finished.



- Turn the TV on for set times and only if appropriate
- Be firm that children must go to school
- Give your child lots of positive encouragement and acknowledge they are organised and get to school on time
- On arrival look for some of your child's friends and encourage your child to go and play with their friends
- Once settled leave quickly



### **REGULAR ROUTINES ARE IMPORTANT**

Did you know your child's best learning time is the start of the school day?

That's when every minute counts the most!!

School starts at **8.55am**

School attendance is cool!

Have a great week!

Cheers Karen

### **PE AND SAPSASA NEWS**

In PE we have continued to focus on our Fundamental Movement Skills with throwing, catching, kicking, control and aiming skills the main focus, along with discussing and using strategies and tactics in Team Activities. The games of netball, basketball and soccer have been the catalyst for these skills and discussions.

#### **SAPSASA DISTRICT CROSS COUNTRY**

Congratulations to Poppy, Brandon, Jamie and Will for qualifying to represent our SAPSASA District in Cross Country at Oakbank on June 9<sup>th</sup>. We wish them well and hope they enjoy the experience.

#### **SAPSASA KNOCKOUT NETBALL and FOOTBALL**

The boys' next Football match will be on Friday 10<sup>th</sup> June at Tatachilla School playing Tatachilla.

The girls' next Netball game has not been decided yet.

Practices are being held during designated break times. We wish both teams well for these games.



#### **SAPSASA BASKETBALL**

We have entered 1 boys and 1 girls team each in the 2 carnivals to be held at Morphett Vale. The Year 5 carnival is on Wednesday 29<sup>th</sup> June and the Year 6/7 carnival is on Wednesday 27<sup>th</sup> July. Thank you to the parents who have volunteered to coach these teams. I will be holding trials soon and more information will be sent home with the selected players later this term.

#### **SAPSASA KNOCKOUT GIRLS SOCCER and BOYS SOCCER**

Our first game was played against Willunga Primary School at the local town oval on Friday 27<sup>th</sup> May.

Thank you to Josh and the local Soccer Club (Breakers) for setting up and letting us use their facilities. We greatly appreciate this local support. Thanks to Josh for coaching and practising the boys' team, to Jamie for assisting me coach the girls' team, to Amanda for her assistance throughout the day with various arduous tasks, to Joel for being the referee for both games and to Daniel and Liam for being our lines referees. Without all of this support SAPSASA events could not occur. So thank you very much, the students and I greatly appreciate it.

The girls played first and were too tight in defence and too quick and accurate in offence for the opposition. They won 5 -1. So the girls advance into the next round. Time, date and opposition are yet to be set. Once I have further information I will let the girls know. Practices are occurring at a designated lunch break.

The boys' team played next and quickly raced to a 2-0 lead. But unfortunately the second half saw the opposition kicking 4 goals to our zero. This means the boys have been "knocked out" of the competition. Bad luck boys, a great effort by all.



#### **SAPSASA DISTRICT GOLF**

Qualifying day Monday 4<sup>th</sup> July at Victor Harbor Golf Club. Students aged 10 and above are welcome to trial. Students have been offered nomination forms at school in PE lessons.

##### **Format of the Day:**

- 9.30am - 11.30am / Skill Development Session with recess breaks.
- 12.00noon - 2.00pm / Play 9 holes from the 150m markers (modified course)
- 2.30pm return to School or parent pick-up

Leading 4 students from this day will go onto the Primary Schools State event in September in Adelaide.

Students need to organise their own transport there and back on the day and will need to bring recess and lunch. Equipment can be supplied if required. Please see me at school if you'd like a nomination form or any other information.

**SAPSASA NETBALL AND FOOTBALL CARNIVAL**  
**Wednesday June 1<sup>st</sup> 2016**

We entered a boys' Year 6/7 football team and 2 girls' netball teams in this year's carnival. Thank you to Fraser and Brett for coaching the boys and to Jodie, Vicki, Sarah and Karen for coaching and umpiring the netball. All players gave 100% effort and appeared to have a great day.



**Auskick** is being run by Goolwa Port Elliot Football Club. To register log onto Auskick.com.au

**Local Sporting Success Stories!**

If you have any local success stories involving our students, please let me know so they can get a mention in this section of the newsletter.

**Please refer to the school website for further PE News, SAPSASA dates and for a link to the SAPSASA website.**

Cheers Trina ☺

**RESOURCE CENTRE**

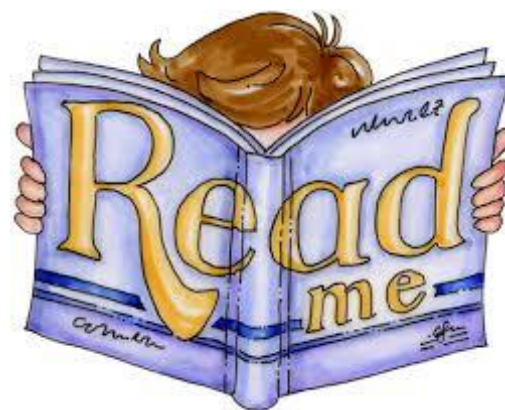


**Every Child Deserves a Good Book**

**Issue 4** Scholastic Book Club brochures have been distributed to students by classroom teachers. Orders will need to be back at school by **Thursday 16<sup>th</sup> June**.

**Premier's Reading Challenge**

Students participating in the Premier's Reading Challenge should be looking to complete their reading forms by the end of the term. Students need to read and record the 12 books they have read on the official PRC record form. Once the form is completed it is to be handed to the child's classroom teacher who will pass it on to us to be uploaded on to the official PRC site. The closing date for the Challenge is **Friday September 9th 2016**.



**Readers' Rap**

The 2016 Southern Fleurieu Readers' Rap is to be held at Yankalilla Area School on Friday **2nd of September (Term 3 – week 6)**. Students from Yankalilla, Willunga, Rapid Bay, Victor Harbor and Pt Elliot Primary schools will participate in this event. Many of our students from the Year 6/7 classes have indicated that they would like to take part in this event. Interested students are preparing for the event by reading the 3 set texts and viewing the film that will be used for the competition.

S Bevan/D Geaghan

**MOVIE MANIA**

**Thursday 7th July**

**Victa Cinema**

**Session Times: - 4pm 6pm 8pm**

**Cost:- Under 5 Free, PEPS Students FREE, All Others \$5 per ticket**

**Tickets can be purchased at the Front Office from next Thursday 16<sup>th</sup> and 17<sup>th</sup> June – there are 245 seats per session**





## SCHOOL NEWS

**Room 9:07 Reception and Year 1 Class go swimming!**  
Rhys A, Reception-"I learned how to call out for help."

April D, Year 1-"I enjoyed everything about swimming lessons, but mostly the doggy paddle."

Lexi C, Reception-"My favourite part of swimming was having the life jackets and having free time. Free time was the best bit!"

Chase G, Reception-"My favourite part was blowing bubbles and wearing the PFD's."

Leo G, Reception-"I learned that life jackets help me float."

Sophie Hunt  
Reception/Year 1 Teacher



*Mandy Stokes*

Director at Port Elliot Kindergarten  
is retiring!

Please join us in

*Celebrating*

over 40 years of service in early childhood education

Friday 1st July 2016

3.15pm - 5.30pm  
formalities from 4.30pm

Port Elliot Kindergarten  
5 Wright Street, Port Elliot

RSVP - 24/06/2016  
Port Elliot Kindy on 8554 2962

**FRIDAY, 1 JULY**

**2016 NAIDOC FAMILY DAY**  
WARLAND RESERVE • VICTOR HARBOR

**10.30am - 2pm**

- Live Entertainment and Music
- Traditional Aboriginal Games
- Launch of Aboriginal Language Book (Ngarrindjeri forSmarties)
- Children's Art and Craft Corner
- FREE access to SA Whale Centre
- FREE BBQ Lunch

**Event Program:**

10.30am	Community NAIDOC March from Grosvenor Gardens to Warland Reserve
11am	Welcome to Country and flag raising ceremony (Warland Reserve)
11.15am	Live entertainment
12noon	Free BBQ lunch
2pm	Event concludes

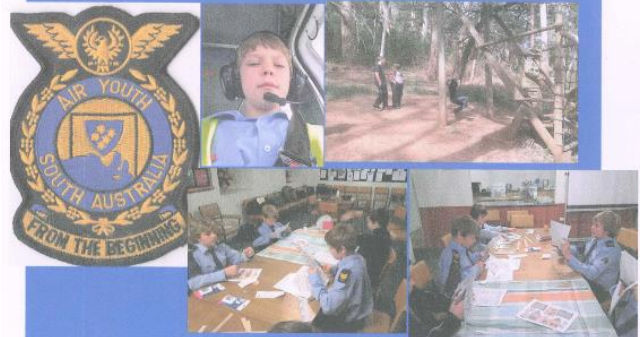
The National NAIDOC Theme for 2016 is  
**Songlines: The living narrative of our nation**

**MAJOR SPONSORS**

**SUPPORTERS**

## COMMUNITY NEWS

**AYSA**  
*Officers / Instructors*  
**LEAD WHERE  
OTHERS FOLLOW**



*Join Today*

Contact: Kerry 0428 852 287  
Alan 0431 522 338

E-Mail: [information@airyouth.net](mailto:information@airyouth.net)



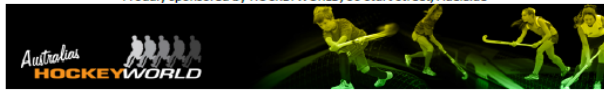
## Keep kids smiling

Dental care is FREE for most school children. Make an appointment with us.  
[www.sahealth.sa.gov.au/sadental](http://www.sahealth.sa.gov.au/sadental)

You may be aware that the Child Dental Benefits Schedule will continue until December 2016. This means that all babies and children not yet at school, and most other children to age 17, are eligible for FREE dental care at the School Dental Service.

Call us now for an appointment!  
 Victor Harbor Dental Clinic  
 Phone: 8551 0460

Proudly sponsored by HOCKEYWORLD, 36 Sturt Street, Adelaide



**HOCKEY COACHING CLINIC**  
**JULY SCHOOL HOLIDAYS 2016**  
 July 11th – 15th  
 9am – 12 noon daily

The aim of this popular clinic is to encourage skills and knowledge of the game of hockey in a fun environment. Open to boys and girls aged 7 to 14 years of age of all abilities from all clubs and schools.

Venue: Adelaide Hockey Club, Artificial Surface (corner Greenhill and King William Roads)

★ **Beginners Welcome** ★

Coaching Clinic Coordinators:

<b>JAIMIE HOLLAND</b> Experienced Goalkeeper & Junior Coach Jillaroos and SASI Goalkeeper Coach Hockey SA Head Goalkeeper Coach	<b>MARTY ROBERTS</b> Experienced State League and Junior Coach Premier League Men's Coach of the Year Hockey SA Development Coach
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Clinic coaches will also include several ex-international players, along with current SASI and state hockey players

DAILY ENCOURAGEMENT & ACHIEVEMENT AWARDS

**Cost: \$45 per morning or full week booking \$200**

*Participants must pre-register (2013, 2014 & 2015 Clinics Booked out!)*

Bookings close on Friday, July 1<sup>st</sup>

Please find the registration form overleaf

Phone enquiries: Jaimie Holland: 0417 821 068 Email enquiries: [wandjholland@bigpond.com](mailto:wandjholland@bigpond.com)



are still URGENTLY trying find families for the last 7 French students and 1 Italian student arriving on the 6th July.

Can you please help?

Host families do not need to have a child the same age to have a student, what we require is people with a kind heart and a willingness to help bring different cultures closer together.

Anyone interested to know more could contact me on (08)83230973 email me [jeh1313@bigpond.net.au](mailto:jeh1313@bigpond.net.au)

I thank you again for your continued help.

Kind Regards,  
 Jenny Hanson



Everybody's life has ups and downs

Adults sometimes look back on their childhood as a time when they were always happy, but life's ups and downs are a part of childhood too. Children need to build resilience skills to be able to both enjoy good times and deal with hard times. Helping children learn how to manage life's ups and downs and build their coping skills supports their mental health and wellbeing now and into the future. Feeling good protects mental health and wellbeing.

- Did you know that experiencing positive emotions such as joy, pleasure and having fun are essential experiences for building and maintaining a healthy mind across our whole lives?

Skills and qualities that help children cope with life's ups and downs

- Trust - that the world is safe and that there are caring people to help them.
- Belief - in their ability to do things for themselves and achieve their goals.
- Feeling good - about themselves and feeling valued for who they are by their parents and carers.
- Optimism - that things generally turn out well.
- Regulation - Ability to manage their feelings, thoughts and behaviours.

Children develop these skills and qualities and learn to keep a balance over time, initially through their experiences in coping with small stresses with help from supportive adults. When bigger stresses come along, even though at first they might feel quite distressed, children can draw on what they have learned about helping themselves to cope and feel better. Looking to others for support continues to be an effective way of coping.

### How are your child's resilience skills developing?

Resilience is the ability to cope with life's ups and downs. Children's resilience is enhanced when they:

- are loved by someone unconditionally
- have an older person outside the home they can talk to about problems and feelings
- are praised for doing things on their own and striving to achieve
- can count on their family being there when needed
- know someone they want to be like
- believe things will turn out all right
- have a sense of a power greater than themselves
- are willing to try new things
- feel that what they do makes a difference in how things turn out
- like themselves
- can focus on a task and stay with it
- have a sense of humour
- make goals and plans, both short and longer term.

Feeling optimistic and hopeful are key parts of mental health and wellbeing. Building Resilience in children.  
[www.kidsmatterprimary.edu.au](http://www.kidsmatterprimary.edu.au)