# POR PRIMARY SO

# COMMUNITY | CONFIDENCE | RESPECT How high can our fish fly?

Address: 4 Cameron St, Port Elliot SA 5212

**Phone:** 8554 3399 **Fax:** 8554 2444

**Email:** dl.0356\_info@schools.sa.edu.au **Website:** www.ptelliotps.sa.edu.au

Port Elliot Primary School

**Principal:** Brenton Hudson **Deputy Principal:** Les Cameron



# Upcoming Events

#### MAY

27TH SAPSASA KNOCK OUT SOCCER

#### **JUNE**

1st SAPSASA FOOTBALL/NETBALL CARNIVAL

2<sup>ND</sup> Yr1/2,2 &2/3 Excursion to Botanical Gardens

3rd ONIES/PYJAMAS DAY

6<sup>TH</sup> Year 6/7 Health & Physical Education-Experience Day Governing Council 7.30pm

9th Busking Assembly

10<sup>th</sup> Knockout SAPSASA Football Tatachilla 8<sup>th</sup> July Movie Mania

# Newsletter



Amelia W, Jasmyn E, Maddison C and Ella B with the calves.

#### **LEADERSHIP**

It has been pleasing to see so many students involved in various learning activities over the last few weeks.

Swimming has been a real positive with the feedback from students and teachers enjoying the time and learning about water safety. Students in the year 6/7 classes have been working on the Cows Create Careers projects with both calves growing quickly. This has included an excursion to see a dairy at work.

Over many weeks students have been preparing and now filming their class movies. Here ia a photo of Mrs K Turley's class in survivor mode.



There has also been incursions with visits from SAwater and the importance of looking after the precious water resource.

Plus many students took part in the SAPSASA events last week. The students represented the school really well demonstrating our school valves to a very high level.

Just a few examples of the ways the students of Port Elliot are able to experience so many other forms of learning to have a great all-round education.

#### Helping your child with Reading

Reading at home supports children with practice of skills learnt at school. The take home reader must be easy. This means the reader can read it with ease, making very few errors with no help from an adult to work out the words.

Reading has three parts **Decoding-** working out the words Phrasing and fluency- reading like we talk **Comprehension**- understanding what is read.

Many students find comprehension very difficult. Each time your child reads to you ask them to tell you what has happened in the book. If they are NOT able to do this the book is too hard.

Also they need to be able to answer questions about what they have read. Eg. What colour was the car? How many people did....? Where was the?... Who...?

The most important part is to make reading an enjoyable experience. Reading a story together on the couch on a rainy day and sharing what has happened or will happen next is a great way to spend time with your child. With older students reading a novel and then watching the movie later also creates conversation opportunities. Enjoy a book today!

Brenton Hudson, Principal

#### **Volunteers Welcome** Responding to Abuse and Neglect in Education and **Care with Les Cameron**

When: Wednesday 2.3.16 Time: 9:00-11:00am starts 9:10am **Venue: Resource Centre Bookings: Front Office or email** Jo.colbeck203@schools.sa.edu.au

#### Prerequisites required from Volunteers in school are as follows:

DCSI Criminal History Clearance - paid by the school, valid for 3 years.

We invite you to email the following details to Jo Colbeck Full name / Date of Birth / email address to start the online application

- Responding to Abuse and Neglect - Education and Care Induction for volunteers valid for 3 years, no cost
- Work Health and Safety site Induction (signature required) - required prior to Volunteering in the school.

#### COUNSELLOR

Flying Fish Awards Congratulations, to the following studentS. Well done to Brock A, Tailo T, Will S, Jade Mc, Jacob A, Marlon E, Mackenzie J, Alexis DeL, Neeka S, Maya R, Caleb B, Quinn B, Nate S, Silas H, Beau G, Seth A, Jedd E, Polly N, CJ-H, Mason D, Layla B, Silvana W, Georgia S, Tyson B, Zac P, Mecki R, Daniel B, Jai A, Myah H, Chloe B, Emily B, Mya C, Lachlan W, Hayden B, Ava T, and Mackenzie A.

#### **SRC Onsie and Pyjama Day**

#### Friday 3rd June

SRC are organising an Onsie and Pyjama Day on Friday 3rd of June. Stay tuned more information will be out closer to the date.





#### **Attendance**

Each term we review our attendance data. This term we are focussing on reducing the number Family Days and communicating to our parents and caregivers accepted reasons why your child could be absent. In Term One 2016 students were absent from Port Elliot Primary School 505.5 days, for family reasons alone!

#### When it's acceptable for children to be absent

Situations where it is acceptable for a child to miss school include times when the:

- •child is too sick to leave the house
- •child has an infectious illness such as gastroenteritis, chicken pox or measles
- •child needs to attend medical or dental appointments that could not be made out of school hours
- •school principal is provided with a genuine reason that prevents the child attending school
- child has been granted an exemption from school
- •child has been sent home or suspended from school for disciplinary reasons.

If a student is absent due to reported illness for three or more consecutive days the principal can ask for a medical certificate

We hope that parents/caregivers value the importance of being at school every day possible and that we as a community can reduce the amount of absence from school.

DECD Attendance and Absentee Policy.



#### **Anxiety: Suggestions for families**

Children with anxiety difficulties tend to see the world as a scary place.

- They can be overly sensitive to their feelings and lack confidence in their own ability.
- They may try to avoid situations they see as difficult and as a result do not cope with challenges in their environment.

#### How you can help

Parents and other adults can help by supporting children to be brave. In order to be brave children need to have skills for understanding and managing their feelings. They need to learn about helpful thinking that they can use to encourage themselves to have a go, and they need to gradually build up their confidence by taking on small challenges.

- Help to recognise and understand anxiety: a first step in helping children gain some control over anxiety is recognising when it occurs and how it affects them.
- Model helpful coping: being a good model involves showing children how to cope with emotions (not just telling them). Show children with anxiety how you use helpful self-talk in a difficult situation (eg "This looks a bit scary, but I'll give it a go").
- Discourage avoidance: sometimes when children say they feel sick, they are describing feeling anxious. It is important that children do not avoid things like school or homework unnecessarily.
- Praise having a go: encourage children with anxiety to attempt new things and praise them for trying. It is very important to emphasise trying rather than success when anxiety is an area of difficulty.
- Introduce challenges gradually: children build strength and resilience by learning to face challenges. It is important to begin with small challenges that children can meet. For example, a child who is frightened of dogs might start by walking past the house when the dog is barking without having to cross the road. This improves confidence for taking on more challenging steps.
- Start small, help the child to choose goals for becoming braver and to take small steps towards achieving them.
   Celebrate his or her success at each step. Experiencing even small successes helps to reduce anxiety.
- Practise coping skills: practise using coping strategies for challenging situations. Help children talk about problems and support them to come up with possible solutions

• Try not to get angry: if a child simply refuses to do something even after you have encouraged him/her and broken the task into steps, it may simply be overwhelming at that time. Sometimes, you need to back off and praise the child for doing as much as he or she could. Later, try again with smaller steps and encourage your child to have a go, one small step at a time. www.kidsmatter.edu.au

Wanted.....Is someone able to donate a small but interesting rock collection to use to support a student. If you have one that would like to donate we would love to have it. Pleasse contact Karen or the staff in the Front Offce. Thankyou!

Late reminder..Busking Assembly..Thursday Week six..Start getting your acts together now.

Have a great week! Cheers Karen

#### **PE AND SAPSASA NEWS**

In PE we have continued to focus on our Fundamental Movement Skills with throwing, catching, control and aiming skills the main focus, along with discussing and using strategies and tactics in Team Activities.

#### SAPSASA CROSS COUNTRY

The annual District Cross Country event was held at Kent Reserve on Wednesday 18<sup>th</sup> May. We had 21 students aged 10-13 years of age represent our school. Thank you to Alex, Lynette, Sharyn, Aleisha, Brett and Maria for assisting us all day. We had several students who placed in the top 6 positions in their age group. Congratulations to all students for a great effort and displaying sportsmanship and respectful choices on the day. Special mention to Brandon and Jamie who came 2<sup>nd</sup> in their events and to Poppy who came 3<sup>rd</sup>. Well done to all.

Congratulations Poppy, Brandon, Jamie and Will who have qualifield to represent our SAPSASA District in Cross Country at Oakbank on June 9<sup>th.</sup>







Jamie

Brandon

Poppy



SAPSASA CROSS COUNTRY SQUAD

#### SAPSASA KNOCKOUT NETBALL and FOOTBALL

Our first game was played against Encounter Lutheran School here at PEPS on Friday 20<sup>th</sup> May. We played fantastic team games resulting in both teams winning the first round. The boys' football score was 17 goals, 13 behinds (115pts) to 1 goal (6 points). The girls' netball score was 22 goals to 8 goals.



SAPSASA KNOCKOUT NETBALL TEAM

Thanks again to coaches Fraser and Jodie, to umpire Karina, to Brett for goal umpiring, to Troy, Clara and Abbi for scoring and timekeeping, to Brett, Vicki and helpers for setting up the oval, etc. Without your help and volunteering these days and events could not occur. It was also great to see so many spectators and supporters there too.

Well done to everyone involved. I am in the process of organising the next round game. Students are practicing at break times. More information will be sent home to players once known.



SAPSASA KNOCKOUT FOOTBALL TEAM

### SAPSASA KNOCKOUT GIRLS SOCCER and BOYS SOCCER

Our first game will be played against Willunga Primary School at the local town oval on Friday 27<sup>th</sup> May. We wish the teams well.

## SAPSASA NETBALL AND FOOTBALL CARNIVAL Wednesday June 1st 2016

We have entered a boys Year 6/7 football team and 2 girls' netball teams in this carnival. Thank you to Fraser for coaching the boys and to Jodie, Vicki, Sarah and Karen for coaching and umpiring the netball. Practices are being held during designated break times.

#### **STATE SAPSASA GIRLS NETBALL**

Interested players please note that the trials beging on the 5th of June. Follow this link for registration <a href="http://old.decd.sa.gov.au/sport/files/links/Trial">http://old.decd.sa.gov.au/sport/files/links/Trial</a> Information for NETB.pdf

#### SAPSASA BASKETBALL

We have entered 1 boys and 1 girls team each in the 2 carnivals to be held at Morphett Vale. The Year 5 carnival is on Wednesday 29<sup>th</sup> June and the Year 6/7 carnival is on Wednesday 27<sup>th</sup> July. Thank you to the parents who have volunteered to coach these teams. I will be holding trials soon and more information will be sent home with the selected players later this term.

<u>Auskick</u> is being run by Goolwa Port Elliot Football Club at Goolwa Oval from 10-11am on Sunday mornings. To register log onto Auskick.com.au

#### **Local Sporting Success Stories!**

If you have any local success stories involving our students, please let me know so they can get a mention in this section of the newsletter.

Please refer to the school website for further PE News, SAPSASA dates and for a link to the SAPSASA website.

Trina Doig

#### **SCHOOL NEWS**

Misty Brae Excursion Year 6-7 Classes



#### **School Water Safety Lessons**

Over the past few weeks all R-5 classes have been participating in water safety lessons at the R-7 School in Victor Harbor. The lessons proved very popular with the students and here are some reflections from Mrs Warners' Year 2/3 class.

It was fun. I learnt that when I stay in Franks' group, it is ok if I can't touch the bottom because I am brave! Emily

When we were going to go fall forwards into the water from the edge I liked it.

Daniel

I learnt about PFD life jackets and that some of them, if you pull the cord, it inflates. I need to wear one whenever I am in a boat or doing something in the water. April

It was fun when we made a giant circle when we were pretending a helicopter was going to save us because the pretend boat sank. We make a circle and linked arms to make us look bigger so the pilot can see us. Logan and Jai

When we went up to the deep end, we used our survival strokes, so we can stay above the water so we don't drown.

Jemma

It was fun when we had to swim from the deep end all the way back to the shallow end and I learnt how to tread water properly.

Mani

I liked it when we were pretending to save our partners from drowning. Now we know how to save people safely if it ever happens.

Mikayla



Ms V Laceys 5:07 Class Swimming



#### 3:01 CLASSROOM MAKEOVER

During Term 1 students in Mrs Dybala's class investigated how they could 'Make their learning better' by researching various topics that would have a positive impact on the student's learning in the classroom.



**Before** 

The topics researched included: lighting, furniture, seating, paint colour and music. The group that had researched "Would the colour of our classroom make our learning better?" were Tahlia, Tayha . The group wrote a proposal to Mr Hudson and Mrs Cameron asking for \$320 for paint to paint the classroom.

During the holidays Mr Warwick Smith (Mrs.Dybala's father) and Fletcher Dybala (Mrs.Dybala's son) gave 3:01 a makeover.

After



The colours that were chosen were Apple Green – because it is a calming colour and Fiesta Orange – because it helps stimulate organisation and creativitiy. If you haven't been in for a look, pop in as the classroom looks fantastic. A big thanks goes out to Mr Smith and Fletcher who gave up 15 hours of their time to complete the makeover. All the students in 3:01 really appreciate it!





Every year Reconciliation Week is held between two significant milestones in Australia's history, May 27 and June 3. May 27 is the anniversary of the 1967 referendum in which more than 90 per cent of

Australians voted 'Yes' to count Aboriginal and Torres Strait Islander peoples in the census and give the Australian Government the power to make laws for Aboriginal and Torres Strait Islander peoples. The day before National Reconciliation Week, 26 May, is National Sorry Day, which was first held in Sydney in 1998 and is now commemorated nationally to remember and honour the Stolen Generations. June 3 marks the historic 1992 Mabo decision in which the High Court of Australia recognised native title – the recognition that Aboriginal and Torres Strait Islander peoples' rights over their lands did survive British colonisation.

Reconciliation is about Aboriginal and non-Aboriginal Australians talking, walking, and working together to overcome the reasons that there is division and inequality between Aboriginal and non-Aboriginal Australian's. It's about respect and acknowledgement of the past and working together on a positive

future. Reconciliation is about building positive, respectful relationships between the broader Australian community and Aboriginal and Torres Strait Islander

peoples for the benefit of all Australians. Reconciliation aims to create positive change we need more people talking about the issues and getting involved.







Ms Bond, Ruben B and Mr Bailey Filming Survivor



#### **COMMUNITY NEWS**



The conference will challenge us all to rethink how we encourage investigation and discovery in the reciprocal learning of babies and toddlers. Using lenses of outlure and environment we look at the research of early brain development, educator practice, and the soaffolding requires to implement the Early Years. Learning Framework and enable babies and toddlers to flourish. Made up of a series of 4 seminars of 3 hours each, this conference is accessed through video recreasing in the state of the seminars of 3 hours each, this conference is accessed through video recreasing into the state is determined.

#### Keynote speake

Seminar one: Lynly Made

Lynly is an occupational therapist, working as an infant mental health therapist within Perinatal and Infant Mental Health Services at the Women's and Children's Health Network South Australia. Lynly will speak on 'How the attachment relationship between parent and child will influence the brain development of the infant'.

#### Seminar two: Mandy Seyfang

Mandy has over 25 years experience working with individuals, ocuples and families as a therapiet working in the mental health area. For the past ten years her focus has been to work with women and their inflants eupporting their relationship during times of great stree Mandy will speak on "Supporting emotional regulation and arousal in toddlers".

Attend at one of 20 campuses where you will be hoster by TAFE SA. Ohildren's Services lecturers and where early childhood staff will broaden the discussion from the key note's address. Each session will include light refreshments at local compuses.

For enquiries, please contact Karen Judd: Phone: (08) 8207 9690

tafesa.edu.au/flourishing





key initiative of the Children's Services professional learning program

RTO Code: 4102

#### Inspired educators Rich childhoods Strong communities



Southern Cross Cultural Exchange is looking for volunteer families to host the large numbers of European exchange students arriving in July.

Please open your hearts and your homes for a culturally enriching experience and gain your very own special window to the world!

For more information please call or email Jenny

PH (08) 8323 0973 or email jeh1313@bigpond.net.au





