

COMMUNITY | CONFIDENCE | RESPECT

How high can our fish fly?



Government of South Australia
Department for Education



NEWSLETTER | TERM 1, WEEK 10

APRIL 2ND, 2020



FROM THE PRINCIPAL'S DESK

The start of 2020 has certainly been an unusual time for us all. Yet, what has become apparent through the various crises we have encountered is how highly-competent and compassionate our Port Elliot Primary staff are. They are deeply committed to ensuring all students feel safe and supported at all times.

At the start of the year, teachers spoke with students about the bushfires and the profound effect it had on parts of Australia. We reassured the children that school was a safe place and adjusted the lessons to support this. Fundraisers were organised and children were provided an opportunity to be part of the planning.

Over the last four weeks, our way of life has again been challenged with

the COVID-19 crisis. The health of students and staff is always at the forefront of all discussions.

Again, staff have stepped up and remained calm, talking with students of various levels about the outbreak and what it means for them. In the older years, this has been expanded to scientific detail about viruses and how they spread and in the younger years with practicing washing hands and hygiene.

Staff have maintained routines and school has stayed open ensuring learning opportunities have been provided.

To all of our Port Elliot Primary School community, stay safe and healthy. I look forward to seeing you all in Term 2....whenever that may be.

Brenton Hudson

ONLINE LEARNING

At some point in the near future, schools will move to a distance education model or online. To support this, teachers will communicate via email and the SeeSaw app so it is important your family details are up to date.

Please email your teacher or to dl.0356.info@schools.sa.edu.au. Over the next three weeks please stay home with your children, take the opportunity to cook together, do crafts, build cubbies and play some board games. These activities help so much with your child's development and education. See this as a memorable opportunity for you all to reflect on in the years to come.

Click the link below for some useful tips about homeschooling:
<https://ab.co/33V0n5C>

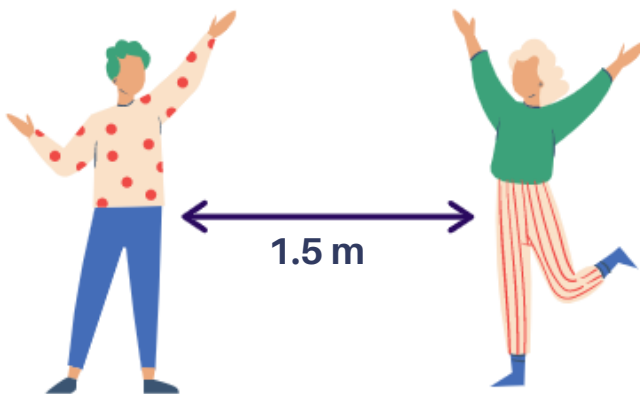
Brazilian Jiu Jitsu Competition

Congratulations to Mackenzie on competing in the Australian Grappling Championships Adelaide Open Brazilian Jiu Jitsu Competition. She competed showing great empathy, respect, dedication & sportsmanship and achieved a silver medal. Well done, Mackenzie.



Congratulations to Alice who recently participated in the State Individual Championship for Little Athletics at Santos Stadium. To qualify she had to meet qualification standards on 2 occasions during the competition season. Alice qualified and participated in 70m, 100m and shot put. Alice represented the South Coast Little Athletics club who hold their competition on Friday nights at Victor Harbor Primary School during the summer months.

We All Need To Do Our Bit To Stop The Spread



The New Normal

Due to the new social distancing measures that we all must adhere to in order to help stop the spread of the corona virus, all sporting activities, excursions and assemblies have been cancelled until further notice.

For COVID-19 SA Department of Health updates click here: <https://bit.ly/2UwHyCu>



Staying Connected With Our Children

Now is the time to stay close to our children.

They need to feel us beside them so they don't feel as worried as they are. We need to be honest with them and let them know that good people from around the world are working very hard to keep them safe and healthy. Our children will believe us, we love them deeply.

Be Honest

"COVID 19 is a sickness like a cold. Some people will get it. Maybe someone in our family might get sick. We are all a little bit scared. Being scared is a sign that we are concentrating on being safe. There are really good people like doctors who know what to do. They are helping to figure it out."

Validate Their Feelings

"I know I might look worried sometimes. Mums or dads get worried too, just like children. I know it can make you feel scared. But I am ok."
"It is ok to be feeling scared, or worried, or whatever you are feeling right now. You can share that with me whenever you need to."

Acknowledge Day to Day Disruptions

"Even if school and your after school activities stop for a while, they will start up again. How about we think about some ways of doing versions of these things together at home if we need to?"

Remind Them

"I love you, and that is one thing that will never change."

Here are some ways that parents and carers can share connection, comfort and care with their children right now.

Look to History

"There have been sicknesses like this before. And they have stopped. Clever people from around the world have worked them out together. The scientists are doing this right now with this one."

Remain Available

"You can talk with me whenever you need to. I will answer any questions you have. If I don't know the answers, I will find out and then I will tell you."

Have fun

Share some time with your children that is just for them, and let them lead the play.

"Let's do some things that you like to do."

Create some quiet time

Find a regular time where you can just be still with children. Stroke their hair. Watch a favourite show on TV. Listen to music together. Let them decide if they want to talk. Be present with them. Enjoy it.

